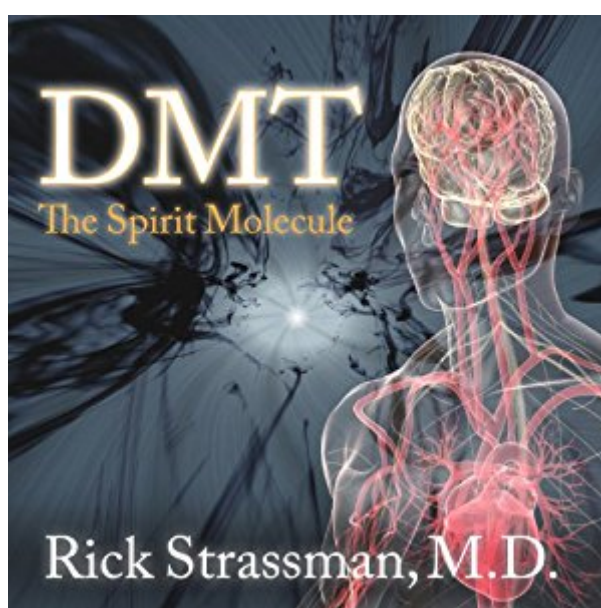


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# DMT: The Spirit Molecule: A Doctor's Revolutionary Research Into The Biology Of Near-Death And Mystical Experiences



## Synopsis

From 1990 to 1995, Dr. Rick Strassman conducted U.S. government-approved and funded clinical research at the University of New Mexico in which he injected 60 volunteers with DMT, one of the most powerful psychedelics known. His detailed account of those sessions is an extraordinarily riveting inquiry into the nature of the human mind and the therapeutic potential of psychedelics. DMT, a plant-derived chemical found in the psychedelic brew ayahuasca, is also manufactured by the human brain. In Strassman's volunteers, it consistently produced near-death and mystical experiences. Many reported convincing encounters with intelligent nonhuman presences, aliens, angels, and spirits. Nearly all felt that the sessions were among the most profound experiences of their lives. Strassman's research connects DMT with the pineal gland, considered by Hindus to be the site of the seventh chakra and by René Descartes to be the seat of the soul. DMT: The Spirit Molecule makes the bold case that DMT, naturally released by the pineal gland, facilitates the soul's movement in and out of the body and is an integral part of the birth and death experiences, as well as the highest states of meditation and even sexual transcendence. Strassman also believes that so-called alien abduction experiences are brought on by accidental releases of DMT. If used wisely, DMT could trigger a period of remarkable progress in the scientific exploration of the most mystical regions of the human mind and soul.

## Book Information

Audible Audio Edition

Listening Length: 13 hours and 21 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Tantor Audio

Audible.com Release Date: March 30, 2011

Whispersync for Voice: Ready

Language: English

ASIN: B004UDLZI4

Best Sellers Rank: #7 in Books > Medical Books > Psychology > Psychopharmacology #7 in Books > Health, Fitness & Dieting > Psychology & Counseling > Psychopharmacology #15 in Books > Religion & Spirituality > Occult & Paranormal > Parapsychology > Near-Death Experiences

## Customer Reviews

Stories are awesome even if Strassman seems to get way too caught up in trying to explain them. You can tell his studies really exploded all his known reality boxes.

Above average book on this topic. Easy to read and understand the concepts. There is a lot of data though and perhaps tries to cover too much territory here.

I could not put this book down once I started reading, I was totally immersed. I have a huge interest in altered and spiritual states so I was fairly primed to enjoy this book, bare that in mind. Quite a few of the reviewers for this book feel that Strassman spent too much time explaining the rigmarole he went through to get this study approved. Whilst agreeing that this part it wasn't much fun to read, I am sure it wasn't much fun to experience first hand either! Putting two years of your professional career just into getting approval for a study (and being treated like a nuisance all the while) is something that readers have to be made aware of if they're to appreciate the study fully.

Psychedelic studies on humans in this age are so rare and precious, and if you value any other part of this book, you shouldn't shy away from thinking about the extreme suppression of these topics in the general public, and the lies expressed about them in policy. It's beyond hard to bring science into this topic, and Dr Strassman managed to get it done (for the first time in what, 20 odd years!?) and on top of that, he open the doors so that we could all peek inside! I appreciate that, and though the scene for psychedelic studies has opened up a bit since the 90's, I still found it useful to feel some frustration for what the Doc' had to face to get this happening, because now I have a greater awareness of how scheduling also restricts scientific inquiry.

Strassman is a scientist willing to venture beyond the academic/industrial complex. Implicit in the book is a professional memoir as well that should be valuable to all academics doing controversial research. In a country so attached to its drug hysteria, he offers a plaintive and sensible route past our defensive clinging to "normality." Still, it is sobering to see how fast enlightenment passes back into routine. Don't say he didn't warn you.

Read this book! It will take you on a sober trip with non-materialistic beings, all in the comfort of your home.

Very interesting book. It has practical scientific information, and the mess of obtaining scientific permits, together with the interesting results of the experiments with DMT, and the philosophical

thoughts and outcomes that arise from use. I am a chemist and I have the scientific background, but I feel that even without the background the science and experiments are very clear. Definitely gets you thinking about what is out there beyond, in other dimensions.

SpiritDr. Strassman is arguably the world's foremost expert on dimethyltryptamine. But as he freely admits, there isn't much competition for that title, since Dr. Strassman's is about the only research in this area since DMT and other psychedelics were made illegal to possess about thirty years ago, in the drug hysteria of the 1970s. No one else has recently been allowed to research these extremely interesting, extremely promising molecules, although psychedelics were THE most exciting, most promising field of psychology and psychiatry for almost twenty years. Then the research funds were cut off, and suddenly everyone in research and medicine was allergic to anything related to these illegal substances. This book reports, in a delightfully clear and concise style, what Dr. Strassman and his research team discovered as they looked scientifically at one of the most interesting substances ever to grace our planet. It turns out that DMT, providing possibly the most powerful of psychedelic experiences, occurs in each of us naturally, manufactured by our bodies; there has to be a very important reason for this, and we don't really know what it is. Dr. Strassman explores, and the question points toward the great transitions of birth and death, peak life experiences, near-death experiences, bursts of spiritual growth and development, and other times when our minds might need a sudden, dramatic expansion and opening. There is even a suggestion that a sudden buildup of DMT may be responsible for alien-abduction experiences! The author's easy, personal style makes the book a delight to read, even though it is clearly a report of research and primarily a scientific document. It addresses all the questions in which I am truly interested, and even provides a couple of answers. It is very informative, and tremendously thought-provoking.

A phenomenal book describing the clinical research into the safety and pharmacological activity of one of the brain's critical molecules, DMT (N,N dimethyl tryptamine), when administered to human volunteers. Dr. Strassman gives the reader an insider's view of the process by which a clinical research proposal is developed, reviewed and approved by a research hospital's ethics and research boards and a physician sponsored Investigational New Drug (IND) application is filed, negotiated and (hopefully) finally approved by the FDA. This book is a valuable record of the determination of sub- and clinically hallucinogenic doses of the molecule, as well as the effects of the "Spirit Molecule" on the volunteers' psyche and physiology after intravenous administration. I also highly recommend this book for those interested in trying to understand the inner workings of

the brain and how our personal realities are formed.

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